

## Destructive Decisions

By Karena

Hey everyone! I am Karena and I am 17 years old and a junior at East Bridgewater High School where I am an avid member of S.A.D.D., Student Senate, Key Club, EBCTV, Executive committee, and the National Honor Society. My hobbies include; acting, pageants, playing with my 6 pets, listening and singing to music in my car, dancing, and watching TV. When I graduated from the D.A.R.E. program in 6th grade I won the D.A.R.E. essay award and continued to love the program throughout high school where I helped through S.A.D.D. and decided that I would really like to write about my experiences in high school and share them with you. I want you to know about the consequences of decisions you make in high school, and how saying “no” is really okay. I have been through a lot during my time in high school (I am almost to the conclusion of my junior year) and I have learned a lot and witnessed a lot.

Since I am a member of the Student Senate in my school, I was given the option to attend a S.E.M.A.S.C. convention (for all of you know who do not know what this is this; it is where students from student councils in Southeastern Massachusetts go to meet and share information about their high schools with other student council members, and a speaker comes to talk about their great achievements and how great it is that they are setting an example for students younger than them). At the convention a male speaker spoke to us about how to make positive choices, and told us a story. The story was about how these kids from the same high school were all at a party together, basically doing everything they absolutely shouldn't be doing, drinking, etc. This one boy, had drank so much that he got really sick, so his friends thought the smart thing to do would be lay him down in one of the beds in the house. The next morning when they went to go check on him, he had past away from alcohol poisoning. The girlfriend of this boy told the speaker to pass it on to give an example to kids everywhere: that we are not old enough to handle/drink alcohol, and that is why the law the way it is. To me the story proved that we definitely aren't old enough to drink alcohol and I wanted to pass that on.